# PASSOVER PREP CHECKLIST



## \* SPIRITUAL PREPARATION \*

### **Pray & Think**

□ Spend time in prayer, and try to be more focused. Take some time to simply think about Passover and what it means. *What deliverance do you need in your life?* 

### **Do Teshuvah**

□ What needs to change? How can you return to **YAHUAH** a little closer than before? Seek forgiveness, and ask **YAH** to help you leave the sins behind in Egypt.

#### Take a Mikvah

□ Immerse in a *mikvah* to cleanse yourself spiritually and start the year off with a clean slate.

## THINGS TO DO

- □ **TALK TO BOSS** Make the necessary arrangements at work to get your days off. The *day* of Passover (Abib 14) is needed for all the preparations. The first and last days of the Festival are Sabbaths. Check the current calendar for dates.
- □ LEARN Refresh your knowledge about Passover. Review Shemoth/Exodus 1-12. Learn something new. Attend classes, Shabbat services, and go online.
- □ **GET RID OF CHAMETZ** Search your home and remove all leavened food products anything made from wheat, barley, rye, spelt, or oat that's not labeled "Kosher for Passover."
- □ **CLEAN** Do a little spring cleaning. Clean any area that may have some old chametz crumbs vacuum, sweep, wipe counters & tables, etc. Get house in order for the new year.
- **BUY MATZAH** Buy a box of matzah from grocery store or order online. Get any other *unleavened* foods you'll need for the week especially what you'll prepare for the Seder.
- GET CLOTHES READY Wash & iron (or dry clean) your best Passover clothing to wear to the Seder. Purchase something new if you wish.
- □ **TALLITS/SHAWLS** Wash your tallit & kippa or prayer shawl. Get new ones if needed.
- **COOK** Prepare whatever *unleavened* dish you're bringing to the Seder. Prepare a little extra for your family to eat on the Sabbath.
- □ ATTEND SEDER Make sure you attend the Passover Seder! No Excuses!